

## National Campaigns that Change Awareness and Behavior:

Values Based Communications Campaigns

Dee Allsop, Ph.D. CEO, Managing Partner



## Heart+Mind Strategies The same people behind some of the most successful, award winning campaigns

- Milk
- Las Vegas
- American Public Transportation
- The New Steel\*
- Robert Wood Johnson Covering Kids\*
- Plastics\*
- American Petroleum



#### CHANGE IS HARD

Positive change emanates from new self evident ideas that protect, promote and preserve shared core values.

### What are Values

- Values are the central guideposts for human decision making
- Make clear which issues have the greatest impact
- Values guide the formulation, selection, and analysis of future courses of action
- Campaigns built on the public's values focus, engage, and unify public and leaders behind action

## Why Values Matter

- They are motivational ———— Ideal to inspire to DO something
- Widely shared ——————— Reach to a broad group or coalition of
- Stable, enduring \_\_\_\_ Continuity throughout a project and over time

## Personal Values

- ✓ Self-Esteem
- ✓ Personal Satisfaction
- ✓ Sense of Accomplishment
- ✓ Security
- ✓ Care for Others
- ✓ Peace of Mind
- ✓ Enjoyment / Enjoy Life
- √ Happiness
- ✓ Personal Freedom and Control
- ✓ Take Care of Family
- ✓ Longevity
- ✓ Concern for Future Generations

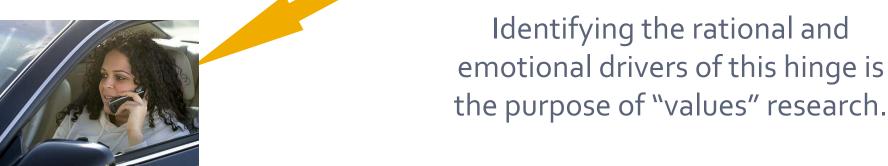
- ✓ Belonging
- ✓ Trust
- ✓ Sharing with Others
- ✓ Self-Fulfillment
- ✓ Sanctity of Life
- ✓ Pride
- ✓ Love
- ✓ Self-Preservation
- ✓ Preserve the Earth
- ✓ Eternal Life / God
- ✓ Respect
- ✓ Self-Image

## Strategic Hinge

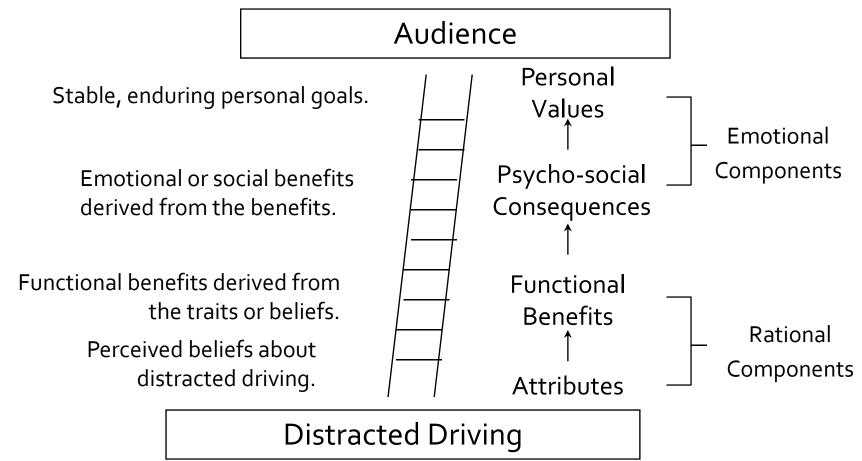
There is a "strategic hinge" which exists, linking attributes and benefits to the target audience



Persuade by Reason
Motivate through Emotion



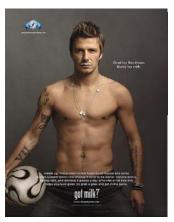
## Values-Based Model of Human Decision Making



### Values Research

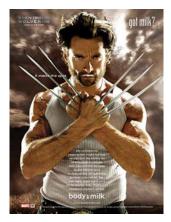
- Values Research begins with personal interviews that explore in depth the thought patterns and associations people hold about a particular subject.
- Results of the interviews are then coded and "mapped" to show the connection between rational "attributes" and emotional "values."
- Reveals the components and drivers of human decision making.

# got milk?









#### **BACKGROUND**

- "Milk mustache" awareness campaign started in 1995
- \$100 million annual operating budget and popular campaign—milk consumption continued its 30 year decline
- 2004 Milk Processor
   Education Program asked
   us to explore a revised
   positioning to identify
   and articulate messages
   to motivate consumers to
   drink more milk



## New Values Based Milk Campaign Strategy



#### Self Esteem Self Confidence

Feel successful and optimistic in my interactions and responsibilities.

Feel good about myself.

#### **Personal Appearance**

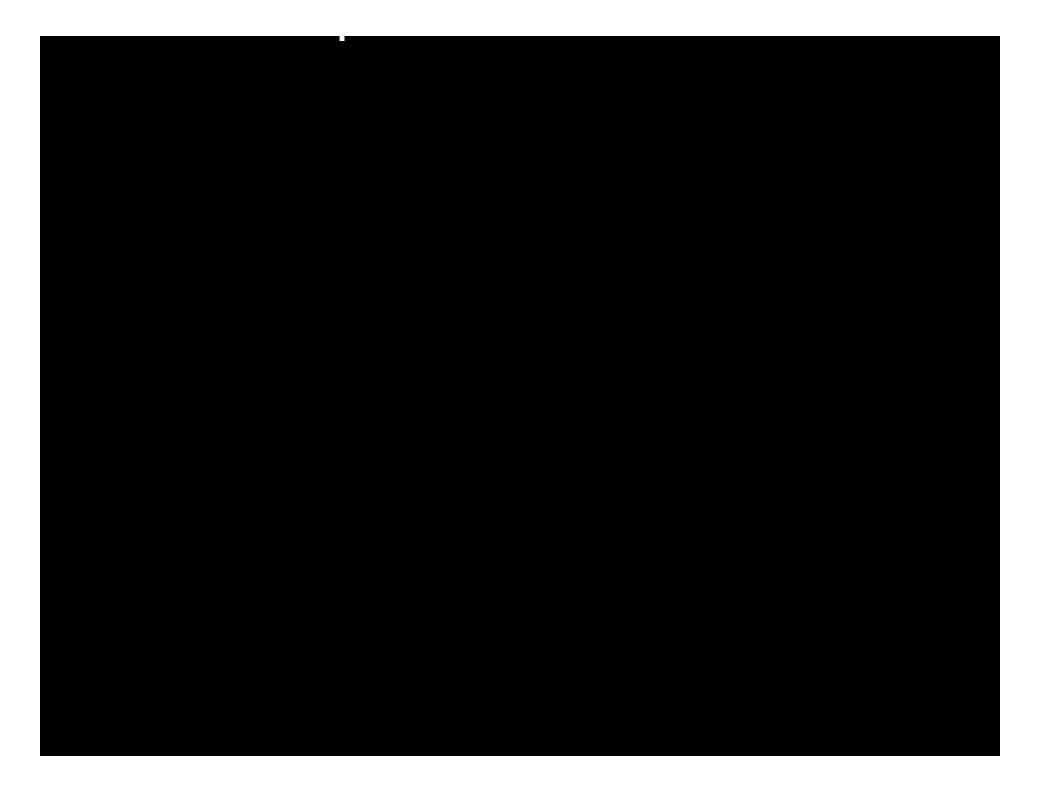
I like the way I look.
I feel attractive.

#### Healthy way to Maintain or Lose Weight

Effective & Sustainable—physiology and lifestyle. Lose fat, not muscle.

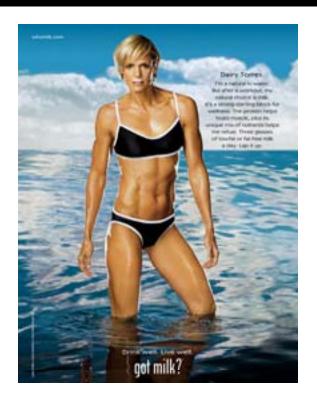
#### **Dairy Calcium**

Provides naturally occurring Calcium and protein in the right balance.



## Print







### Outcomes

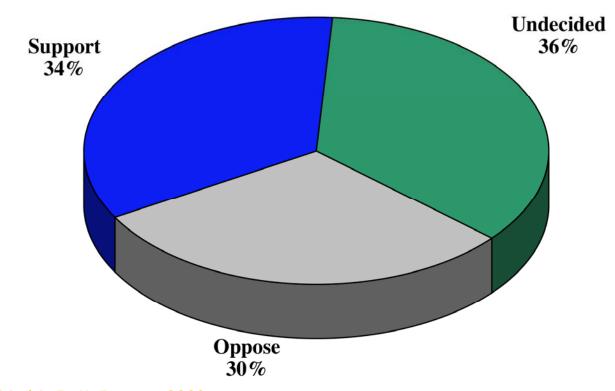
- Attitudinal change (Tracking)
  - Recall of the link between milk and weight loss among adult women nearly doubled, from 41% in 2004 to 78% in 2006
  - In 2006, 47% of women agreed that milk can be an important part of a weight loss diet, compared to 24% in 2004



- Behavioral change (Market data)
  - Weekly consumption among the weight loss campaign target group, women ag 25-49, rose 9.4% from 2004 to 2005.
  - Tracking research discovered that the reasons women drank more milk were primarily "trying to lose weight" and "trying to be healthier"

## APTA: Increase my taxes for Public Transportation

#### **Initial Benchmark**



Source: Wirthlin Worldwide Poll, January 2002

## Community Benefit Built on Personal Opportunity PRIMARY VALUES ORIENTATION

Peace of Mind Accomplishment

**Less Stress** 

Allows Me/Others To
Do Their Job
Do Other Things I Want

Personal Mobility
Choices and Options
Local Accessibility

The entire community
benefits as a result of the
opportunities provided by
mobility, choice, and
accessibility which
generate a peace of mind
from the accomplishments
of people getting their jobs
done or other things
important to them.



### **PRINT**

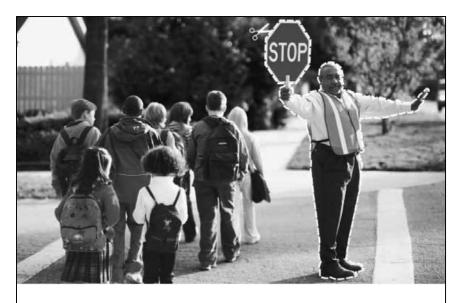


WITHOUT PUBLIC TRANSPORTATION, EVERY DAY MILLIONS OF PEOPLE COULDN'T GET WHERE THEY NEED TO GO.

**HOW WOULD THAT AFFECT YOU?** 

Every day, public transportation enables people from all walks of life to get to work, to get to class, to volunteer at the local community center, or just go where they want to go. And when people thrive, communities thrive. Find out why public transportation helps us all. Visit www.publictransportation.org.

PUBLIC TRANSPORTATION
Wherever life takes you



WITHOUT PUBLIC TRANSPORTATION, EVERY DAY MILLIONS OF PEOPLE COULDN'T GET WHERE THEY NEED TO GO.

**HOW WOULD THAT AFFECT YOU?** 

People from all walks of life rely on public transportation every day because their communities rely on them. Whether it means volunteering, going to work, going to class or visiting family and friends. And when people thrive, communities thrive. Find out why public transportation helps us all. Visit www.publictransportation.org.

PUBLIC TRANSPORTATION
Wherever life takes you



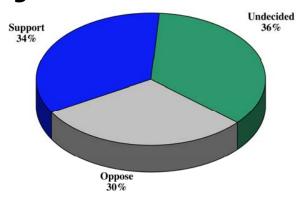
#### $\mathsf{TV}$

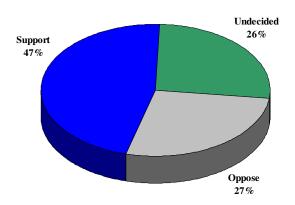


## Outcomes



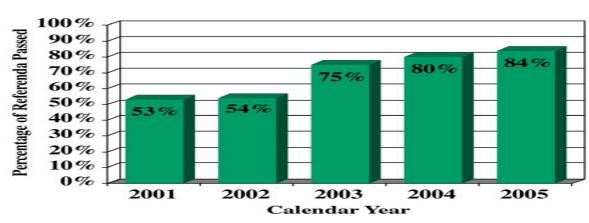
#### Attitudinal change





#### Behavioral change

INCREASE IN PERCENTAGE
OF LOCAL TRANSIT
FUNDING REFERENDA
PASSED ANNUALLY SINCE
THE BEGINNING OF (PT)<sup>2</sup>





## What is the Strategic Hinge for Distracted Driving?

Persuade by Reason Motivate through Emotion



AAA Foundation for Traffic Safety is seeking the answer





## National Campaigns that Change Awareness and Behavior:

Values Based Communications Campaigns

Dee Allsop, Ph.D. CEO, Managing Partner

