

# Transportation Planning and Community Wellbeing

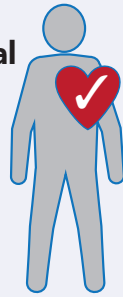
Montana communities prioritize health and wellbeing in local transportation plans

Transportation systems impact health behaviors and outcomes:

Safety



General health



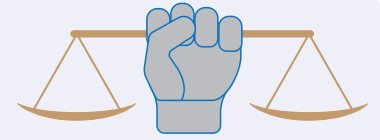
Air quality



Accessibility



Equity



Physical activity



Mental health



Transportation plans from the ten most populous counties in Montana were audited for health related content:

Health-related performance measures inform decision makers and transportation agencies of how well the plan has been implemented and the impacts on public health (Williams et al, 2017). Ideally, guidance statements such as the vision, goals, objectives, and strategies identified in a transportation plan would tie to a performance measure.

Guidance Statements

100%

of transportation plans audited included health related **guidance statements**.

Data

100%

of transportation plans audited included health-related **data**.

Performance Measures

30%

Only those transportation plans from a Metropolitan Planning Organization included health related **performance measures**.

We are interested in the impact transportation planning has on our community's health.



